

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

1

9:00 Daily News (AL)
10:00 Brain Games (MC)
1:00 Sunday Matinee (AL)
6:10 Dodgers Game (AL)

2

9:00 Daily News (AL)
10:00 Brain Games (MC)
1:00 Sunday Matinee (AL)
4:20 Dodgers Game (AL)

Happy Birthday Juanita!
Happy Birthday Mary Lee!

3

10:30 Balance Exercise (AL)
11:00 Morning Stretches (MC)
1:00 Flower Sun Catchers (MC)
2:00 Let's Play UNO (AL)
3:30 Sing Fit (MC)

4

10:30 Walking Club* (AL)
11:00 Gametime (MC)
1:00 Bible Study with Bob (AL)
2:30 Bingo for Prizes (MC)
3:45 Outing: Shopping Trip to Goodwill

5

10:30 Resistance Training (AL)
11:00 Morning Stretches (MC)
1:00 Bird Seed Feeders (AL)
2:00 Brain Build Meditation (AL)
3:30 Sing Fit (MC)

6

10:15 Brenda Apt.

1:00 Manicure Station
2:30 Bingo for Prizes (MC)
3:30 One on One Visits (MC)
National Root Beer Float Day

7

10:30 Chair Yoga (AL)
11:30-2:00 CONIFER SUMMER CARNIVAL FUN FAIR
3:30 Sing Fit (MC)

8

9:00 Daily News (AL)
10:00 Brain Games (MC)
1:00 Sunday Matinee (AL)
5:10 Dodgers Game (AL)

9

9:00 Daily News (AL)
10:00 Brain Games (MC)
1:10 Dodgers Game (AL)
6:00 Sunday Night Movie (AL)

10

10:30 Balance Exercise (AL)
11:00 Morning Stretches (MC)
1:00 Garden Sticker Art (MC)
2:00 Let's Play UNO (AL)
3:30 Sing Fit (MC)

11

10:30 Walking Club* (AL)
11:00 Gametime (MC)
1:00 Bible Study with Bob (AL)
2:30 Bingo for Prizes (MC)
3:45 Outing: Shopping Trip to Fred Meyer

12

10:30 Resistance Training (AL)
11:00 Morning Stretches (MC)
1:00 Phone Holder (AL)
2:00 Brain Build Meditation (AL)
3:30 Sing Fit (MC)
staff mtg
Happy Birthday Marilyn!

13

10:30 Tai Chi (AL)
11:00 Picture Frame Art (MC)
1:00 Manicure Station
2:30 Bingo for Prizes (MC)
3:30 One on One Visits (MC)

14

10:30 Chair Yoga (AL)
11:00 Morning Stretches (MC)
1:00 Outing: Historical Monteith House Tour
3:30 Sing Fit (MC)

15

9:00 Daily News (AL)
10:00 Brain Games (MC)
1:00 Sunday Matinee (AL)
4:15 Dodgers Game (AL)

16

9:00 Daily News (AL)
10:00 Brain Games (MC)
1:10 Dodgers Game (AL)
6:00 Sunday Night Movie (AL)

17

10:30 Balance Exercise (AL)
11:00 Morning Stretches (MC)
1:00 Colored Pencil Art (MC)
2:00 Let's Play UNO (AL)
3:30 Sing Fit (MC)

18

10:30 Walking Club* (AL)
11:00 Gametime (MC)
1:00 Bible Study with Bob (AL)
2:30 Bingo for Prizes (MC)
3:45 Outing: Shopping Trip to Bi-Mart

19

10:30 Welcome Waggers Dog Visits (MC)
1:00 Succulent Plant Pot (AL)
2:00 Brain Build Meditation (AL)
3:30 Sing Fit (MC)

20

10:30 Tai Chi (AL)
11:00 Dragonfly Craft (MC)
1:00 Manicure Station
2:00 Corvallis Library Program (AL)
3:30 One on One Visits (MC)

21

10:30 Chair Yoga (AL)
11:00 Morning Stretches (MC)
1:00 Outing: Trip to TJ Maxx & Trader Joes
3:30 Sing Fit (MC)

22

9:00 Daily News (AL)
10:00 Brain Games (MC)
1:00 Sunday Matinee (AL)
6:10 Dodgers Game (AL)

23

9:00 Daily News (AL)
10:00 Brain Games (MC)
1:10 Dodgers Game (AL)
6:00 Sunday Night Movie (AL)

24

10:30 Balance Exercise (AL)
11:00 Morning Stretches (MC)
1:00 Water Painting (MC)
2:00 Let's Play UNO (AL)
3:30 Sing Fit (MC)

25

10:30 Walking Club* (AL)
11:00 Gametime (MC)
1:00 Bible Study with Bob (AL)
2:30 Bingo for Prizes (MC)
3:45 Outing: Shopping Trip to Safeway

26

10:30 Resistance Training (AL)
11:00 Morning Stretches (MC)
1:00 Jellyfish Craft (AL)
2:00 Brain Build Meditation (AL)
3:30 Sing Fit (MC)

27

10:30 Tai Chi (AL)
11:00 Jellyfish Craft (MC)
1:00 Manicure Station
2:30 Bingo for Prizes (MC)
3:30 One on One Visits (MC)

28

10:30 Chair Yoga (AL)
11:00 Morning Stretches (MC)
1:00 Outing: Sarah Helmick State Park Visit
3:30 Sing Fit (MC)

29

9:00 Daily News (AL)
10:10 Dodgers Game (AL)
1:00 Sunday Matinee (AL)
3:00 Brain Games (MC)

30

9:00 Daily News (AL)
10:40 Dodgers Game (AL)
1:00 Sunday Matinee (AL)
3:00 Brain Games (MC)

31

10:30 Balance Exercise (AL)
11:00 Morning Stretches (MC)
1:00 Resident Council & Food Forum
2:00 Let's Play UNO (AL)
3:30 Sing Fit (MC)