



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Morning Ball Toss (MC) 12:15 Louis Faro (Piano) (AL) 1:30 Creative Crafting- Water Painting 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Games- HedBanz (MC) 6:00 Games- Prize is Right	2 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Sit & Be Fit (AL) 1:30 Ring Toss Games (AL) 2:30 Comic Fanatics Social 3:30 SingFit/ Karaoke (MC) 6:00 Games- Wheel of Fortune Groundhog Day	3 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Chair Aerobics (AL) 1:30 Group Puzzles (MC) 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Games-Bingo (MC) 6:00 Antique Road Show	4 10:00 Morning Fitness- Ball Toss (MC) 1:30 Creative Crafting- Water Painting (MC) 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Puzzles 4:30 Word Searches & Coffee 6:00 Armchair Travels- Greece (MC)
5 9:00 Sunday Morning Church Music 10:30 Church Service (Channel #28) 1:30 Bible Trivia (MC) 2:30 Sweet Snacks & Drink Social 4:30 Reading Poetry 6:00 Sunday Movie Matinee (MC)	6 10:00 Trivia- Classic Cars 11:30 Morning Fitness- Sit & Be Fit (AL) 1:30 Puzzle Games 2:30 Poetry & Snacks & Drinks 3:30 Group Games- Bingo (MC) 6:00 Art Therapy Coloring	7 10:00 Virtual Tour- New Jersey (MC) 11:30 Morning Fitness- Chair Yoga (AL) 1:30 Creative Crafting 2:30 Birthday Celebration (MC) 3:30 Karaoke (MC) 6:00 Americas Got Talent (MC) Happy Birthday Mari Le M.	8 10:00 Coffee Bar & Word Searches 11:30 Morning Fitness- Chair Aerobics (AL) 1:30 Resident Council (AL) 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Games- Animal Bingo (MC) 6:00 Games- Family Feud	9 10:00 Morning Men's Club 11:30 Morning Fitness- Sit & Be Fit (AL) 2:00 Pizza Social 3:30 SingFit/ Karaoke (MC) 6:00 Best Pizza's Around the World (MC) National Pizza Day	10 10:00 Virtual Tour- Alaska (MC) 11:30 Morning Fitness- Chair Aerobics (AL) 1:30 Group Puzzles 2:30 Birthday Celebration (MC) 3:30 Group Games- Bingo (MC) 6:00 Antique Road Show Happy Birthday Betty B.	11 10:00 Morning Fitness- Ball Toss (MC) 1:30 Creative Crafting- Water Painting (MC) 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Puzzles 4:30 Word Searches & Coffee 6:00 Armchair Travels- Nashville (MC)
12 9:00 Sunday Morning Church Music 10:30 Superbowl Commercials 1:00 Puppy Superbowl (Animal Planet) 2:00 Superbowl Commercials & Snacks 3:30 Kick Off Superbowl (Fox) Superbowl Sunday	13 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Sit & Be Fit (AL) 1:30 Art Therapy Coloring 2:30 Words of Wisdom with Snacks 3:30 Group Games- Bingo (MC) 6:00 Crosswords & Word Searches	14 10:00 Valentines Word Search 11:30 Morning Fitness- Chair Yoga (AL) 12:00 Conifer's Shake Shack Diner 2:30 50's Valentine Sock Hop 3:30 Back in the 50's Karaoke (MC) 6:00 Movie Matinee- Back to The Future Valentine's Day	15 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Chair Aerobics (AL) 1:30 Welcome Waggers 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Games- Animal Bingo (MC) 6:00 Games- Prize is Right	16 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Sit & Be Fit (AL) 1:30 Ring Toss Games 2:30 Comic Fanatics Social 3:30 SingFit/ Karaoke (MC) 6:00 Games- Family Feud	17 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Chair Aerobics (AL) 1:30 Group Puzzles 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Games- Bingo (MC) 6:00 Antique Road Show	18 10:00 Morning Fitness- Ball Toss (MC) 1:30 Creative Crafting- Water Painting (MC) 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Puzzles 4:30 Word Searches & Coffee 6:00 Armchair Travels- Portland, Or (MC)
19 9:00 Sunday Morning Church Music 10:30 Church Service (Channel #28) 1:30 Bible Trivia (MC) 2:30 Sweet Snacks & Drink Social 4:30 Reading Poetry 6:00 Sunday Movie Matinee (MC)	20 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Sit & Be Fit (AL) 1:30 Presidents Trivia 2:30 Cherry Pie Social 3:30 Group Games- Bingo (MC) 6:00 Art Therapy Coloring Presidents Day National Cherry Pie Day	21 9:00 Move to Music (MC) 10:00 Virtual Tour- Louisiana (MC) 11:30 Morning Fitness- Chair Yoga (AL) 1:00 Louis Faro (Piano) (MC) 2:30 Mardi Gras Celebration (AL) 6:00 Americas Got Talent (MC) Mardi Gras	22 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Chair Aerobics (AL) 1:30 Creative Arts- Water Painting (MC) 2:30 Margaritas, Guacamole & Chips (AL) 3:30 Group Games- HeadBanz (MC) 6:00 Games- Family Feud National Margarita Day	23 10:00 Morning Men's Club 11:30 Morning Fitness- Sit & Be Fit (AL) 1:30 Group Puzzles 2:30 Comic Fanatics Social 3:30 SingFit/ Karaoke (MC) 6:00 Evening Book Club (MC)	24 10:00 Animal Trivia 11:30 Morning Fitness- Chair Aerobics (AL) 1:30 Bean Bag Toss Games (MC) 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Games- Bingo (MC) 6:00 Antique Road Show	25 10:00 Morning Fitness- Ball Toss (MC) 1:30 Creative Crafting- Water Painting (MC) 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Group Puzzles 4:30 Word Searches & Coffee 6:00 Armchair Travels- Moscow (MC)
26 9:00 Sunday Morning Church Music 10:30 Church Service (Channel #28) 1:30 Bible Trivia (MC) 2:30 Sweet Snacks & Drink Social 4:30 Reading Poetry 6:00 Sunday Movie Matinee (MC)	27 10:00 Morning Ball Toss (MC) 11:30 Morning Fitness- Sit & Be Fit (AL) 1:30 Group Puzzles 2:30 Poetry, Snacks & Drinks 3:30 Group Games- Bingo (MC) 6:00 Art Therapy Coloring	28 10:00 Virtual Tour- New Orleans (MC) 11:30 Morning Fitness- Chair Yoga (AL) 1:30 Assorted Board Games 2:30 Oldies Rule Social- Snacks & Drinks 3:30 Karaoke (MC) 6:00 Americas Got Talent (MC)	 <h1 style="text-align: center; color: red;">FEBRUARY 2023</h1>			

Locations: (AL) Assisted Living / (MC) Memory Care / (Blank) AL & MC ** ALL WELCOME to join all activities! Activities subject to change as needed for resident needs- See Activity board for changes if needed.