

WEEK 1 FW	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>BREAKFAST</b>	Cream of Wheat & Oatmeal Waffles w/ blueberry sauce Sausage Links <small>Margarine, Syrup</small>	Cream of Wheat & Oatmeal Scrambled Eggs Bacon Wheat Toast <small>Margarine, Jam</small>	Cream of Wheat & Oatmeal Scrambled eggs w/ Ham & cheese Biscuit	Cream of Wheat & Oatmeal Biscuit & Sausage Gravy	Cream of Wheat & Oatmeal Denver Scramble Wheat Toast <small>Margarine</small>	Cream of Wheat & Oatmeal French Toast w/Syrup, <small>Margarine</small> Bacon	Cream of Wheat & Oatmeal Danish Scrambled Egg
<b>LUNCH</b>	Roasted Turkey Mash Potatoes & Gravy Roasted Brussel Sprouts Dinner Rolls Frosted Chocolate Cake <small>Soup or Salad by request</small>	Lasagna Italian Vegetables Garlic Bread Stick Cinnamon bread pudding <small>Soup or Salad by request</small>	BBQ Pulled Pork Sandwich Potato Salad Baked Beans Frosted Brownie <small>Margarine</small> <small>Soup or Salad by request</small>	Macaroni & Cheese Bake Broccoli Dinner Roll Fresh Fruit <small>Soup or Salad by request</small>	Beef Taco's Spanish Rice Refried Beans Salsa & Sour cream Chef choice dessert <small>Soup or Salad by request</small>	Chef Choice Pizza Mixed Green Salad w/dressing Peanut butter Chocolate bars <small>Soup and Salad by request</small>	Country Fried Steak Mash Potatoes Mixed Vegetables Sherbet  <small>Soup and Salad by request</small>
<b>DINNER</b>	Grilled Cheese Tomato Soup Cucumber Salad Upside Down Cake <small>Soup and Salad by request</small>	Honey Glazed Meatballs Parslied Rice Zucchini Peach Cobbler  <small>Soup and Salad by request</small>	Chicken and Stuffing Casserole Green beans Bread Sticks <small>Margarine</small> Banana Cream Pie <small>Soup and Salad by request</small>	Roast Beef Baked Potato w/sour cream Herbed cauliflower Peaches <small>Soup and Salad by request</small>	Tuna Melt Potato Chips Coleslaw Pears  <small>Soup and Salad by request</small>	Chicken Teriyaki Rice Stir Fry Vegetable Mandarin Oranges <small>Soup and Salad by request</small>	Beef Fajita Casserole Chips & Salsa Gelatin <small>Soup or Salad by request</small>
	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES
	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Lettuce, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/ Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/ Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/ Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/Chips

WEEK 2 FW	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>BREAKFAST</b>	<b>Cream of Wheat &amp; Oatmeal</b> Fried eggs Sausage Patty Wheat Toast Margarine, Syrup	<b>Cream of Wheat &amp; Oatmeal</b> Scramble Eggs Corn Beef Hash Toast Margarine, Jam	<b>Cream of Wheat &amp; Oatmeal</b> Denver Scramble Toast Margarine, Jam	<b>Cream of Wheat &amp; Oatmeal</b> Hash Brown Casserole Wheat Toast Margarine, Jam	<b>Cream of Wheat &amp; Oatmeal</b> Blueberry Muffins Sausage patty fruit Margarine,	<b>Cream of Wheat &amp; Oatmeal</b> Waffle w/Syrup Margarine Bacon	<b>Cream of Wheat &amp; Oatmeal</b> Coffee Cake Sausage Links
<b>LUNCH</b>	<b>Fish and Chips</b> w/ tartar sauce and lemon Coleslaw Pudding Soup or Salad by request	<b>Glazed Ham</b> Au Gratin Potatoes Seasoned Zucchini Dinner Rolls, Margarine Spice Cake Soup or Salad by request	<b>Spaghetti w/ Meat Sauce</b> Green Beans Cheesy Bread Stick Mandarin Parfait Soup or Salad by request	<b>Cheeseburgers</b> Lettuce, Tomato, Onion, Pickle Potato wedges Sherbet Soup or Salad by request	<b>Baked Ziti</b> Basil Zucchini Dinner roll, Margarine Chocolate cream pie Soup or Salad by request	<b>Philly Cheese Steak sandwich W/ Macaroni salad</b> Chef choice dessert Soup or Salad by request	<b>Creamy Chicken Mushroom Florentine Parslied Rice</b> Dinner Roll Pears Soup or Salad by request
<b>DINNER</b>	<b>Chicken Tenders</b> Tater Tots Pea Salad Fruit Cup Soup or Salad by request	<b>Baked Cheesy Mushroom Chicken</b> Rice pilaf Steamed broccoli Cookies Soup or Salad by request	<b>Beef Stew</b> Tossed Salad w/Dressing Bread Stick Margarine Cinnamon Pears Soup or Salad by request	<b>Roasted Pork Loin With Mushrooms</b> Garlic Butter Rice Green Peas Dinner Roll, Margarine Blueberry Cobbler Soup or Salad request	<b>Oven Fried Chicken</b> Red Potatoes Broccoli Cheesy Biscuit Cranberry Oatmeal bars Soup or Salad by request	<b>Country Ham &amp; Beans Soup</b> Tossed Salad Bread Stick Baked Apples Soup or Salad by request	<b>Cheese Ravioli</b> Creamy Red Sauce Italian Vegetables Garlic Bread Cookies & Cream Cake Soup or Salad by request
	<b>ALTERNATES</b>	<b>ALTERNATES</b>	<b>ALTERNATES</b>	<b>ALTERNATES</b>	<b>ALTERNATES</b>	<b>ALTERNATES</b>	<b>ALTERNATES</b>
	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Lettuce, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/ Chips	Cheeseburger Resident choice Sandwich, Lettuce, Tomato, Onion w/ Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion, w/ Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion, w/ Chips

WEEK 3 FW		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST		Cream of Wheat & Oatmeal Sausage Egg Biscuit Margarine, Jam	Cream of Wheat & Oatmeal French Toast Sliced Ham w/ Syrup, Margarine	Cream of Wheat & Oatmeal Coffee Cake Sausage Links and Fruit Toast Margarine, Syrup	Cream of Wheat & Oatmeal Biscuits & Sausage Gravy Margarine, Jam	Cream of Wheat & Oatmeal Cheese Fried Eggs w/ Hash Browns & Toast	Cream of Wheat & Oatmeal Pancakes w/ Syrup Sausage Patty Margarine, Jam	Cream of Wheat & Oatmeal Banana Bread Bacon Margarine
	LUNCH	Chef Choice Pizza Tossed Salad w/ Dressing Ice Cream Soup or Salad by request	Meatloaf Mashed Potatoes Brown Gravy Savory Green beans Dinner Rolls, Margarine Tapioca Pudding Soup or Salad by request	Chicken Alfredo w/ Pasta Broccoli Fresh Bread, Margarine Ambrosia Deluxe Soup or Salad by request	Roasted Turkey Mashed Potatoes w/gravy Carrots Pudding Parfait Soup or Salad by request	Brown Sugar Glazed Ham Sweet Potatoes Brussel Sprouts Cornbread Chef choice dessert Soup or Salad by request	Chicken Enchiladas Refried beans Spanish Rice w/ sour cream and salsa Cookies Soup or Salad by request	Pork Roast Baked Potato w/ Sour Cream Buttered Carrots Dinner Rolls, Margarine Fresh Fruit Soup or Salad by request
DINNER		Chicken Patty Sandwich Lettuce, Tomato, Onion Tater Tots Tropical fruit Soup or Salad by request	Broccoli Cheese Soup Crackers Deli Sandwich Lettuce & Tomato Cookies Soup or Salad by request	Chili dogs served with Cheese & onions Curly Fries Frosted Chocolate Cake Soup or Salad by request	Chicken Dumplings Capri Blend Vegetables French Bread Margarine Mixed Fruit Soup or Salad by request	Spaghetti & Meatballs Mixed Vegetables Bread Stick Pumpkin Pie Soup or Salad by request	Sloppy Joe's Green Salad w/ Dressing Tater Tots Fruit cup Soup or Salad by request	Minestrone Soup Sliced Bread, Margarine Soup or Salad by request Pineapple upside down cake
	ALTERNATES	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Lettuce, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/ Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/ Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion w/Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion, w/ Chips	Cheeseburger or Resident choice Sandwich Lettuce, Tomato, Onion, w/ Chips

Menus subject to change

WEEK 4 FW	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>BREAKFAST</b>	Cream of Wheat & Oatmeal Denver Scramble Toast Margarine	Cream of Wheat & Oatmeal Blueberry Muffins Bacon Fruit Margarine, Jam	Cream of Wheat & Oatmeal Fried Eggs Sausage links Wheat Toast Margarine, Jam	Cream of Wheat & Oatmeal Waffles w/Strawberry sauce Sliced Ham Margarine, Jam	Cream of Wheat & Oatmeal Pancake Sausage Patty Margarine, Syrup	Cream of Wheat & Oatmeal Scrambled Eggs Spice Muffin Margarine, Jam	Cream of Wheat & Oatmeal Biscuits & Sausage Gravy
<b>LUNCH</b>	Crispy Ranch Chicken Macaroni Salad Chef Cut Veggie Corn bread, Margarine Apple pie Soup or Salad by request	Country Fried Steak W/ Gravy Garlic Mash Potatoes Mixed Vegetable Dinner Roll Carrot Cake Soup or Salad by request	Cranberry Glazed Pork Loin Candied Yams Green bean casserole Pumpkin bars Soup or Salad by request	Fish Sandwich W/ Lettuce & Tomato Cole slaw Cheese Fries Apple crisp Soup or Salad by request	Chicken Quesadilla Sour Cream & Salsa Spanish Rice Red Beans Chef special dessert Soup or Salad by request	Chili Tossed Green Salad W/ dressing Corn bread, Margarine Oatmeal Crispy Soup or Salad by request	Cheeseburgers Lettuce, tomato, onion, pickles French Fry's Spiced Peach Cake Soup or Salad by request
<b>DINNER</b>	Turkey Bacon Sandwich Curley Fries Frosted Vanilla cup cakes Soup or Salad by request	Spaghetti w/ Meat Sauce Noodles Green beans Garlic Bread, Oreo Pudding cup Soup or Salad by request	Corn Chowder Green Salad w/ dressing Bread Stick Peanut Butter Brownies Soup or Salad by request	Chicken Pot Pie Biscuit, Margarine Ice Cream Soup or Salad by request	BBQ Chicken Scalloped Potatoes Baked Beans Cornbread, Margarine Blueberry Cobbler Soup or Salad by request	Hamburger Stroganoff Carrots Dinner Roll w/ Margarine Fresh Fruit Soup or Salad by request	Roasted Rosemary Chicken Sweet Potatoes Herbed Green Beans Dinner rolls, Margarine Chocolate Chip cookie Soup or Salad by request
	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES
	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion w/Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Lettuce, Onion w/Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion w/ Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion w/ Chips	Resident choice Sandwich or Cheeseburger- Lettuce, Tomato, Onion w/Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion, w/ Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion, w/Chips

Menus and snacks subject to change.

WEEK 5 FW	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>BREAKFAST</b>	Cream of Wheat & Oatmeal Denver Scramble Toast Margarine	Cream of Wheat & Oatmeal Blueberry Muffins Bacon Fruit Margarine, Jam	Cream of Wheat & Oatmeal Fried Eggs Sausage links Wheat Toast Margarine, Jam	Cream of Wheat & Oatmeal Waffles w/Strawberry sauce Sliced Ham Margarine, Jam	Cream of Wheat & Oatmeal Pancake Sausage Patty Margarine, Syrup	Cream of Wheat & Oatmeal Scrambled Eggs Spice Muffin Margarine, Jam	Cream of Wheat & Oatmeal Biscuits & Sausage Gravy
<b>LUNCH</b>	Crispy Ranch Chicken Macaroni Salad Chef Cut Veggie Corn bread, Margarine Apple pie Soup or Salad by request	Country Fried Steak W/ Gravy Garlic Mash Potatoes Mixed Vegetable Dinner Roll Carrot Cake Soup or Salad by request	Cranberry Glazed Pork Loin Candied Yams Green bean casserole Pumpkin bars Soup or Salad by request	Fish Sandwich W/ Lettuce & Tomato Cole slaw Cheese Fries Apple crisp Soup or Salad by request	Chicken Quesadilla Sour Cream & Salsa Spanish Rice Red Beans Chef special dessert Soup or Salad by request	Chili Tossed Green Salad W/ dressing Corn bread, Margarine Oatmeal Crispy Soup or Salad by request	Cheeseburgers Lettuce, tomato, onion, pickles French Fry's Spiced Peach Cake Soup or Salad by request
<b>DINNER</b>	Turkey Bacon Sandwich Curley Fries Frosted Vanilla cup cakes Soup or Salad by request	Spaghetti w/ Meat Sauce Noodles Green beans Garlic Bread, Oreo Pudding cup Soup or Salad by request	Corn Chowder Green Salad w/ dressing Bread Stick Peanut Butter Brownies Soup or Salad by request	Chicken Pot Pie Biscuit, Margarine Ice Cream Soup or Salad by request	BBQ Chicken Scalloped Potatoes Baked Beans Cornbread, Margarine Blueberry Cobbler Soup or Salad by request	Hamburger Stroganoff Carrots Dinner Roll w/ Margarine Fresh Fruit Soup or Salad by request	Roasted Rosemary Chicken Sweet Potatoes Herbed Green Beans Dinner rolls, Margarine Chocolate Chip cookie Soup or Salad by request
	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES	ALTERNATES
	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion w/Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Lettuce, Onion w/Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion w/ Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion w/ Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion w/Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion, w/ Chips	Resident choice Sandwich or Cheeseburger-Lettuce, Tomato, Onion, w/Chips

Menus and snacks subject to change.